Discover the Parks of
SONOMA COUNTY
where the Sonoma Coast, the Russian River, the Sonoma Valley and other spectacular landscapes are yours to enjoy. Sonoma County Regional Parks is a network of more than 55 parks, trails and beaches covering thousands of acres from Sonoma to Bodega Bay and Petaluma to Gualala.

We dare you to try to see them all!
Take in the incredible diversity of wildlife, birds, plants, and trees that thrive in these protected playgrounds. Set your own pace down miles of trails and waterways. Camp on the beach and picnic in the redwoods. Make memories with family and friends.

Let’s face it: Whether you are visiting Sonoma County or are lucky enough to live here, you drew a winning ticket. One of the best ways to enjoy your good fortune is to become an annual parks member. Membership lets you easily visit all the regional parks and helps sustain these special lands. Member support ensures the parks remain vibrant places where we all can experience the wonder of nature.
What do you want to do today?

**Hiking**
Forested or bathed in sunlight, on the level or for the uphill-inclined, short loops or day-long treks (and everything in between), 150 miles of trails beckon.

**Camping & Backpacking**
Fall asleep to the sound of ocean surf. Get centered at a secluded walk-in site. Pitch your tent on some of Sonoma County’s most inspiring ground.

**Biking**
Paved, off-street routes run along vineyards, creeks and meadows. Off-road trails plunge and climb for panoramic views.

**Birding & Wildlife Viewing**
Migration along the Pacific Flyway makes for excellent birding throughout Sonoma County. Local wildlife thrives in diverse habitats.

**Paddling**
Whether you like to paddle standing up or sitting down, through ocean waves, river currents or placid lakes, there’s a park for that.

**Fishing**
Test your skill on the Russian River when the steelhead run. Drop a lazy line in a quiet pond. Cast from the beach or launch out for deep-sea catch.

**Swimming**
The Water Park at Spring Lake is perfect for family splashfests. Russian River beaches are for floating away the day. The gentle waves at Doran Beach couldn’t be better for bodyboarding.

**Tidepooling**
Pack a picnic basket and spend the day exploring a piece of our spectacular coastline. There’s no end of fascinating stuff teeming in tide pools and clinging to rocky outcrops.
Doran Beach

You try to get the kids interested in building castles, but they want to bury Daddy in the sand again. The puppy has stretched to the end of his leash and is digging to China. You watch the swells offshore, calming with the ebb of the tide. The scent of barbecue drifts over from the campsites. After lunch, it’ll be perfect for surfing.

Gualala Point

There’s a driftwood tepee tall enough to stand up inside and an unobstructed view to where the ranger saw gray whales breaching yesterday. The river runs headlong into crashing surf, but you can still hear a sea lion barking from behind a rocky outcrop. The hiking trails seemed like a good idea earlier, but this isn’t such a bad spot.
Hood Mountain
Switchbacking up the Johnson Ridge trail past the pond and the homestead site, your quads keep reminding you of the ascent to the summit—one of the steepest in the Bay Area, you’ve heard. But nothing can throw you off. Conditions are perfect for Gunsight Rock. When you get there, sure enough, in the distance the Golden Gate Bridge pokes out of city fog. EPIC.

Spring Lake
russian RIVER

Meanders past towering redwoods and through unique resort towns that remember the simple ways to have fun.

Riverfront

It’s a hot summer afternoon, and you’re kicking back with a group of your closest friends in the deep shade of the picnic area, your pit-master buddies manning the giant barbecue. Later, you’ll wander out of the redwood grove for a stroll around Lake Benoist. Or maybe you’ll launch your paddleboards instead and cruise across the water. Another chill Sonoma County day.

Sunset Beach

You had the place to yourselves when you put in the kayaks just after sunrise. Now, heading ashore, you pass a family with fishing gear setting up on the riverbank. Picnic blankets dot the beach. A Lab splashes in after a ball lobbed from shore. In the brush down by the bridge, you watch a pair of birders freeze in their tracks as a great blue heron wades into view. Time for a swim and a nap.
Like to explore by bike?

**BICYCLE**

**OUR MISSION**

Sonoma County Regional Parks promotes healthy communities through the preservation of natural resources. We know the beauty and wonders of wild, open spaces and opportunities to play outdoors are among top attractions for county residents and visitors.

**BECOME A MEMBER!**

REGIONAL PARKS MEMBERS
Get a year of free parking
+ a free night of camping
+ festival admission

[sonomacountyparks.org](http://sonomacountyparks.org)

**SONOMA COUNTY REGIONAL PARKS**
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Camping Reservations:
(707) 565-2267 10 am to 3 pm
sonomacountyparks.org

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