

# Sonoma County Parks **PARK MAP**



## Your guide to Sonoma County Regional Parks

**explore • dream • discover**



Sonoma County, California



## Discover Sonoma County!

Welcome to Sonoma County Regional Parks, where the Sonoma Coast, the Russian River, the Sonoma Valley and other spectacular settings are yours to explore. In the parks, you can hike, bike, camp, fish, ride a horse, launch a boat, enjoy a picnic or simply take in the view. Whatever your idea of outdoor fun, we know you'll find what you're looking for in the county parks.

We have parks from Petaluma to Gualala and Sonoma to Bodega Bay, so come out and discover the landscapes that make this area so special. You'll find miles of trails leading to beaches, mountains, forests, fields and lakes. We have parks for horseback riding, parks for biking and parks where dogs romp off leash. Campers have an array of sites to choose from, many of them along the beautiful North Coast. You'll find fishing spots, swimming beaches, playgrounds, tennis and basketball courts, sports fields, a skate park, a nature education center and even a disc golf course. When it comes to outdoor recreation, Sonoma County Regional Parks have it all!



### Programs

Sonoma County Regional Parks offer a variety of nature, recreation, education, health, and cultural programs for all interests and ages. Join us for guided hikes, family events, ranger outings, stewardship projects, nature talks, school field trips and more.

### Trails

We have miles of trails for all types of adventurers, from paved, all-access trails for beginning hikers to steep, single-track paths for expert trekkers.

### Swimming

For summer swimming, we have two popular beaches: Spring Lake Regional Park in Santa Rosa and Healdsburg Memorial Beach on the Russian River. Both beaches are staffed with lifeguards from Memorial Day through Labor Day and include picnic areas and restrooms.

### Playing Fields

For organized sports or friendly pick-up games, we have soccer fields, Little League/softball fields, tennis courts, basketball courts and volleyball courts.

### Horses

Equestrians can ride miles of trails in parks as varied as Doran Beach on Bodega Bay and Hood Mountain in the Mayacamas Range. All trails are multi-use and let riders experience the diverse landscapes of Sonoma County.

### Cycling

With miles of roads and trails, every type of bike rider can enjoy Sonoma County's natural beauty. Road riders can cover classic cycling routes from park to park or take an easy family ride in a park. Excellent mountain biking trails are spread throughout the parks for all skill levels.

### Camping

Campers can enjoy beautiful, year-round campsites on the Sonoma Coast and in Santa Rosa. Campgrounds include Doran Beach and Westside Park on Bodega Bay, Stillwater Cove and Gualala Point on the North Coast, Spring Lake Park in Santa Rosa, and Hood Mountain near Kenwood. Most of our sites can be reserved at [sonomacountyparks.org](http://sonomacountyparks.org), and some are available on a first-come, first-served basis.

### Picnics & Events

Everyone loves a picnic. Enjoy an afternoon with co-workers, family or friends in one of our many picnic areas. We also have beautiful options for weddings, with redwood groves, beaches, meadows and other spots perfect for rehearsal dinners, ceremonies or receptions. Many of these locations can be reserved for your special day.

### Dogs in the Parks

Dogs love parks too, and we welcome them in all county parks with the exception of Shiloh Ranch Regional Park and at the swimming beaches. They must remain on leash and under control at all times, but can run free in the dog parks at Sonoma Valley Regional Park in Glen Ellen, Ragle Ranch Regional Park in Sebastopol, and Ernie Smith Community Park near Sonoma.

### Boat Launches

For those wishing to explore the wonders of Sonoma County by boat, canoe, or yacht, we manage seven launches along the Coast and the Russian River.

### Accessibility

Sonoma County Regional Parks are for everyone to use and enjoy. Our parks have barrier-free picnic areas, restrooms, trails, playgrounds and accessible family campgrounds.

Sonoma County Regional Parks  
 2300 County Center Drive, Suite 120A  
 Santa Rosa, California 95403

Main office hours:  
 Monday - Friday 8 am to 5 pm  
 Phone: (707) 565-2041  
 Fax: (707) 579-8247

Camping Reservations:  
 (707) 565-2267, (707) 565-CAMP  
 (10am - 3pm)

Email: [parcs@sonoma-county.org](mailto:parcs@sonoma-county.org)  
[www.sonomacountyparks.org](http://www.sonomacountyparks.org)



**Membership**

A membership in the Regional Parks is a great way to support a robust parks system and make the most of your frequent visits to favorite parks. Benefits include 12 months of free parking, a free night of camping, and program and merchandise discounts in the parks and local stores.

**Volunteering**

Volunteers support the parks system in many ways. They staff annual events, work on trails and conservation projects, act as park docents, and help with ongoing stewardship programs.

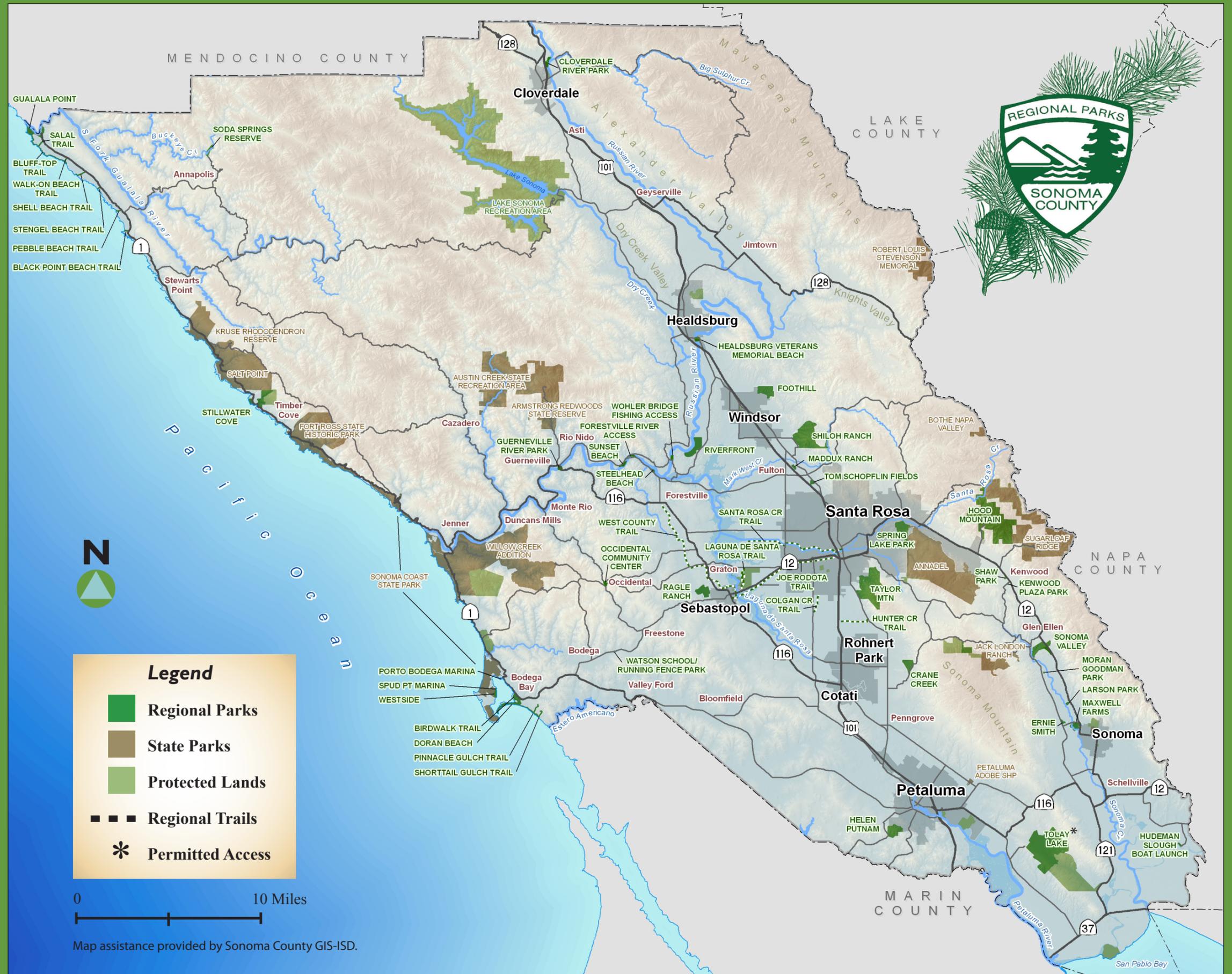
To become a parks member or learn more about volunteering, visit [www.sonomacountyparks.org](http://www.sonomacountyparks.org)

**Regional Parks Foundation**

The Foundation raises funds, fosters partnerships, and advocates in support of specific projects and activities that benefit our County parks. The Foundation is funded primarily through support by individuals, groups and businesses committed to the preservation and expansion of our park system. The Regional Parks Foundation is a 501(c)(3) nonprofit organization. To learn more call (707) 565-2041 or visit [www.sonomacountyparks.org/parks/foundation](http://www.sonomacountyparks.org/parks/foundation).

Driving Directions and Public Transportation  
 For driving directions and public transportation information, visit [www.sonomacountyparks.org](http://www.sonomacountyparks.org).

[sonomacountyparks.org](http://sonomacountyparks.org)



**Legend**

- Regional Parks
- State Parks
- Protected Lands
- Regional Trails
- \* Permitted Access

0 10 Miles  
 Map assistance provided by Sonoma County GIS-ISD.