



Helen Putnam Regional Park



- MULTI-USE TRAIL
- PAVED MULTI-USE TRAIL
- HIKING TRAIL
- BAY AREA RIDGE TRAIL
- TRAIL SHOWN IN ELEVATION PROFILE
- DISTANCE (MILES)
- TRAILHEAD
- FEE STATION
- PARKING (ADA ACCESSIBLE)
- RESTROOM
- PICNIC TABLES
- HORSE TRAILER PARKING
- DRINKING FOUNTAIN
- RANGER RESIDENCE
- PLAYGROUND
- GATE
- VISTA POINT
- OAK WOODLANDS
- CHAPARRAL OR SCRUB
- GRASSLAND

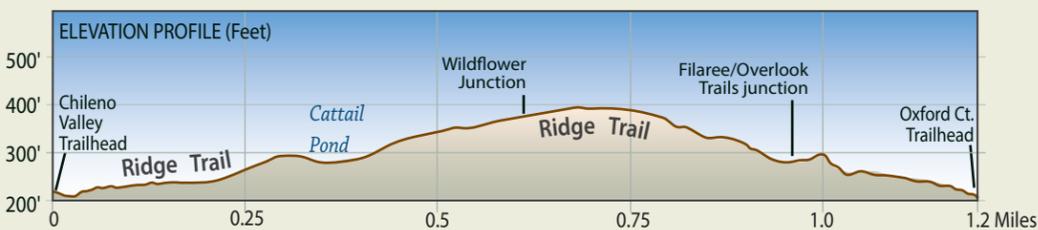
Chileno Valley Trailhead



CONTOUR INTERVAL 20 FEET

Helen Putnam Regional Park is a compact open space park featuring beautiful oak savanna, grasslands, and ridges with panoramic views of the Petaluma Valley to the east and the Chileno Valley to the west. A 6-mile trail system lets hikers, bicyclists and equestrians explore the landscape on routes of varying difficulty and length. The main section of the Bay Area Ridge Trail is paved, providing a multiuse access through the park.

The predominate oak species at Helen Putnam is the coast live oak, though mature black oaks are also found. The park provides habitat for deer, bobcat, quail, raptors, and a variety of other wildlife and birds. A fishing pond contains bluegill and bass, and a picnic area, playground, and gazebo are available at the Chileno Valley Road entrance. Dogs on leash are welcome on all trails.



This map is provided as a guide within the park. Reasonable effort has been made to ensure the accuracy of the map and data provided. The positional accuracy of the data is approximate and not intended to represent map accuracy from a published record survey. THE MAP AND ASSOCIATED DATA ARE PROVIDED WITHOUT WARRANTY OF ANY KIND, either expressed or implied, including but not limited to, the implied warranties of merchantability and fitness for a particular purpose. For detailed and updated information about accessibility of recreational opportunities or any other park information contact Sonoma County Regional Parks at (707) 565-2041.